# RESEARCH



# N-actylcysteine inhibits diethyl phthalateinduced inflammation via JNK and STAT pathway in RAW264.7 macrophages



Jin Hee Kim<sup>1,2</sup>, Jae Hoon Lee<sup>1,2</sup>, Yoon Jung Koo<sup>1,2</sup> and Jong Wook Song<sup>1,2\*</sup>

# Abstract

**Background** Phthalates are plasticizers that cause inflammation in several cell types and adversely affect the health of humans and animals. Nacetylcysteine (NAC) has been shown to exert antioxidant effects in various diseases. However, the effect of NAC on diethyl phthalate (DEP)-induced toxicity in macrophages has not yet been elucidated. In this study, we investigated the effect and underlying mechanisms of NAC on DEP-induced inflammation in RAW264.7 macrophages. RAW264.7 macrophages were pretreated with NAC for 2 h followed by exposure to DEP. We investigated the effect of NAC on NO, reactive oxygen species (ROS), prostaglandin E2 (PGE2), and glutathione (GSH) levels following DEP exposure. In addition, pathway-related genes including cyclooxygenase-2 (COX-2), inducible nitric oxide synthase (iNOS), mitogen-activated protein kinase (MAPK), and signal transducer and activator of transcription (STAT) were evaluated using western blot.

**Results** Treatment with 100 and 300  $\mu$ M DEHP, DBP, and DEP significantly increased the protein levels of cyclooxygenase-2 (COX-2) and inducible nitric oxide synthase (iNOS) compared with those in the control group. However, NAC pretreatment downregulated the levels of NO, PGE2, and ROS, elevated GSH levels, and suppressed the mRNA levels of inflammatory cytokines such as interleukin (IL)-1 $\beta$ , IL-6, COX-2, and iNOS compared with those in the DEP-treated group. In addition, NAC significantly reduced the levels of p-JNK and p-STAT1/3 in RAW264.7 macrophages treated with DEP.

**Conclusions** NAC pretreatment inhibits DEP-induced inflammation via the MAPK/JNK and STAT1/3 pathways in macrophages.

Keywords Diethyl phthalate, Nacetyl cysteine, Inflammation, Cyclooxygenase-2, c-Jun N-terminal kinases

\*Correspondence:

Jong Wook Song

SJW72331@yuhs.ac <sup>1</sup>Department of Anesthesiology and Pain Medicine, Yonsei University

College of Medicine, 50 Yonsei- ro, Seodaemun-gu, Seoul

03722, Republic of Korea

<sup>2</sup>Anesthesia and Pain Research Institute, Yonsei University College of Medicine, 50 Yonsei-ro, Seodaemun-gu, Seoul 03722, Republic of Korea



© The Author(s) 2025. **Open Access** This article is licensed under a Creative Commons Attribution 4.0 International License, which permits use, sharing, adaptation, distribution and reproduction in any medium or format, as long as you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons licence, and indicate if changes were made. The images or other third party material in this article are included in the article's Creative Commons licence, unless indicated otherwise in a credit line to the material. If material is not included in the article's Creative Commons licence and your intended use is not permitted by statutory regulation or exceeds the permitted use, you will need to obtain permission directly from the copyright holder. To view a copy of this licence, visit http://creativecommons.org/licenses/by/4.0/.

# Background

Phthalate, a widespread environmental pollutant, is of serious concern owing to its potentially toxic effects, including reproductive toxicity [1], neurotoxicity [2], and carcinogenicity [3]. Phthalates constitute a class of endocrine disruptors, which are used to increase the flexibility of polyvinyl chloride (PVC) products [4], and are commonly used as plasticizers or solvents in various consumer products such as infant care products and toys, beauty products, medical devices, and the plastic coating of some oral medications [5]. Phthalate exposure occurs through ingestion, inhalation, or intravenous or dermal contact. Commonly used phthalates include diethyl phthalate (DEP), di-n-butyl phthalate (DBP), diisobutyl phthalate (DiBP), butyl benzyl phthalate (BBzP), di(2ethylhexyl) phthalate (DEHP), and diisononyl phthalate (DiNP) [6].

Research has shown that over 80% of human urine samples contain detectable phthalates [7, 8]. Additionally, human metabolic studies indicate that the average intake of various phthalates, including DBP, DIBP, and DEHP, ranges from 0.3 to 3  $\mu$ g/kg/day [9]. Moreover, women are prone to increased exposure to phthalates due to using beauty products containing phthalate chemicals [10]. Notably, phthalate exposure has been reported to be higher in children than in adults [11]. Further, DBP and DEHP exposure during pregnancy increases fetal resorption and incidence of external malformations in mouse offspring [12].

The mechanisms underlying phthalate toxicity involve oxidative stress and inflammation, which are key processes in the progression of various diseases [13]. Oxidative stress is caused by a disturbance of reactive oxidative species (ROS), which results in DNA damage, lipid peroxidation of membranes, oxidative modification of proteins, and apoptosis [14]. ROS generation depends on the NADPH oxidase holoenzyme, which generates superoxide ions. Inflammation refers to a complex physiological response to harmful stimuli, such as pathogens or irritants, caused by macrophage activation and is involved in the development of various diseases. Activated macrophages induce inflammation by producing oxidative stress mediators. Thus, macrophages play an important role in tissue repair through phagocytosis, innate immune function, and activation and resolution of inflammation [15].

Urinary phthalate metabolites are associated with indicators of urinary oxidative stress. Several cell types, including neutrophils, also produce ROS following phthalate exposure [16]. Considering that phthalate exposure induces oxidative stress, effective strategies must be identified to inhibit phthalate-induced oxidative stress, with RAW264.7 macrophages serving as a widely used cell type for studying the cellular effects of chemicals and particles. Recent findings suggest that Nacetylcysteine (NAC) demonstrates antioxidant effects in various diseases. Therefore, in this study, we aimed to investigate the effect and underlying molecular mechanisms of the effect of NAC on DEP-induced inflammation in RAW264.7 macrophages. Specifically, we evaluated the extent to which NAC pretreatment ameliorates DEP-induced inflammation in macrophages by decreasing COX-2/PGE2 via the MAPK/JNK and STAT pathways.

# Methods

# Materials

DBP, DEP, DEBP, celecoxib (CCXB), indomethacin (INDO), and NAC were purchased from SigmaAldrich (St. Louis, MO, USA). Phospho-ERK, phospho-JNK, phospho-p38, ERK, JNK, p38, phospho-STAT1, phospho-STAT3, STAT1 and STAT3 antibodies were obtained from Cell Signaling Technology (Danvers, MA, USA). Anti-COX-2 and anti-iNOS antibodies were purchased from Abcam (Cambridge, UK). Anti- $\beta$ -actin antibody was obtained from Santa Cruz Biotechnology (Dallas, TX, USA).

# Cell culture

RAW264.7 macrophages were purchased from the American Type Culture Collection (ATCC, Manassas, VA, USA). Cells were cultured in Dulbecco's modified Eagle's medium (DMEM) supplemented with 10% fetal bovine serum (FBS; HyClone, Logan, UT, USA) at 37 °C in a humidified atmosphere (5%  $CO_2$  and 95% air). Prior to experiments, cells were plated in 96-well ( $1.5 \times 10^4$  cells per well) or 6-well ( $5 \times 10^6$  cells per well) plates for 24 h and then incubated with an inhibitor or 100 and 300  $\mu$ M of phthalates for 24–48 h. In each experiment, treatments were performed in triplicate.

# Phthalates

The phthalate mixture was dissolved in dimethyl sulfoxide (DMSO) and diluted to achieve the desired phthalate concentrations of 100 and 300  $\mu$ M. The concentrations used in this study were based on previous reports; measurements of phthalate monoester levels in human plasma indicate that environmental exposure can reach 0.4  $\mu$ M and occupational and medical procedure exposures can reach 40  $\mu$ M [17, 18]. Although above the human exposure range, previous in vitro studies used 400  $\mu$ M as the highest concentration [19–21]. Therefore, DEP concentrations of 100 and 300  $\mu$ M were used in the present study.

# Inhibitor treatment

To investigate the potential inhibitory effects of COX inhibitors and antioxidants on phthalate-induced oxidative stress, RAW264.7 cells were pretreated with or without CCXB (10  $\mu$ M), INDO (10  $\mu$ M), or NAC (10 mM) for 2 h before incubation with phthalates. Thereafter, proteins were harvested from the cells via trypsin digestion and centrifugation.

# NO measurement

Culture media were collected and centrifuged at 1,500 rpm and 4 °C for 10 min. The Griess Reagent System (Promega) determined NO levels in the supernatant. Briefly, 50  $\mu$ L of sulfanilamide reagent and 50  $\mu$ L of 0.1% naphthalene ethylenediamine reagent (NED) were added to 50  $\mu$ L of supernatant from each well, followed by incubation in the dark for 15 min at room temperature to measure NO levels. The absorbance was measured at 550 nm using a microplate reader. Sodium nitrite was used to prepare a standard curve.

# **Measurement of ROS production**

To determine ROS levels, cells were seeded in plates and treated with NAC and DEP. After washing with serum-free medium, 10  $\mu$ M of DCFDA-Cell ROS Assay Buffer (Abcam, Cambridge, UK) was added to each well, and the plate was incubated at 37 °C for 30 min. The fluorescence intensity was measured using a microplate reader at excitation and emission wavelengths of 485 and 535 nm, respectively. The images were obtained using a fluorescence microscope (200x magnification).

# **GSH/GSSG** determination

Cells were seeded onto clear 96-well microtiter plates at a density of  $1 \times 10^5$  cells/well. Cell lysates were analyzed for glutathione using a GSH/GSSG assay kit (Promega Corporation, Madison, WI, USA). The GSH/GSSG ratio was calculated according to the manufacturer's instructions. Luminescence was measured with a microplate reader, and the GSH/GSSG ratio was calculated as [(net treated total glutathione RLU – net treated GSSG RLU)/ (net treated GSSG RLU)] × 2, where RLU is relative light units.

Table 1Primers used for qPCR

Gene	Sequence $(5' \rightarrow 3')$
COX-2	Forward: CCACTTCAAGGGAGTCTGGA Reverse: AGTCATCTGCTACGGGAGGA
iNOS	Forward: TCAGCCACCTTGGTGAAGGGAC Reverse: TAGGCTACTCCGTGGAGTGAACA
IL-1β	Forward: TGACGGACCCCAAAAGATGA Reverse: TCTCCACAGCCACAATGAGT
IL-6	Forward: CTCTCCGCAAGAGACTTCCAG Reverse: TGTTGTGGGTGGTATCCTCTG
TNF-a	Forward: CGTCGTAGCAAACCACCAAG Reverse: GGCAGAGAGGAGGTTGACTT
GAPDH	Forward: CCCATCACCATCTTCCAGGAGC Reverse: CCAGTGAGCTTCCCGTTCAGC

# Reverse transcription-quantitative polymerase chain reaction

Total RNA was extracted from cells using an RNeasy Mini kit (Qiagen, Valencia, CA, USA) and reverse-transcribed to generate cDNA using CycleScript RT PreMix (Bioneer, Daejeon, South Korea). Quantitative real-time RT–PCR was performed using SYBR Green PCR Master Mix (Applied Biosystems, Foster City, CA, USA) and specific primers (Table 1). *COX-2, iNOS, IL-1β*, and *IL-6* mRNA levels were normalized to that of *GAPDH*.

# Western blot analysis

Cells were lysed in RIPA buffer (Cell Signaling Technology) containing a protease inhibitor cocktail (cOmplete<sup>™</sup> Mini Protease Inhibitor Tablet; Roche Diagnostics GmbH, Mannheim, Germany) to extract the proteins. Protein concentrations were determined using a Pierce BCA Protein Assay kit (Thermo Fisher Scientific, Waltham, MA, USA). Proteins (30 µg) were separated on 8-16% and 6% SDS-PAGE gels (Bio-rad) and transferred to nitrocellulose membranes (Thermo Fisher Scientific). After blocking with 5% (w/v) skim milk (Bio-rad) for 1 h at room temperature, the membranes were incubated overnight at 4 °C with primary antibodies against COX-2 (1:1,000), iNOS (1:1,000), p-Akt (1:1,000), p-JNK (1:1,000), and  $\beta$ -actin (1:5,000). Thereafter, the membranes were washed with Tris-buffered saline containing 0.1% Tween 20 and incubated with secondary horseradish peroxidase-conjugated anti-rabbit/mouse IgG antibodies (1:5000; Thermo Fisher Scientific) for 2 h at room temperature. Protein bands were visualized using a Pierce-enhanced chemiluminescence substrate (Thermo Fisher Scientific) and quantified using ImageJ software. Protein expression was normalized to that of  $\beta$ -actin.

# Enzyme-linked immunosorbent assay

The levels of IL-1 $\beta$  and PGE2 in the culture supernatant were assessed using a commercially available enzymelinked immunosorbent assay (ELISA) kit (Abcam and R&D Systems, Minneapolis, MN, USA), according to the manufacturer's instructions.

# Statistical analysis

All statistical analyses were performed using SPSS Windows software (version 22.0; SPSS Inc., Chicago, IL, USA). Quantitative data are presented as the mean  $\pm$  standard error of the mean from three experimental replicates. Significant differences between groups were determined using two-tailed Student's *t*-test (two groups) or one-way analysis of variance with Tukey's post hoc comparisons (multiple groups). Statistical significance was set at p < 0.05 (\*p < 0.05 and \*\*p < 0.01).

# Results

# DEHP, DBP, and DEP exposure on inflammatory cytokines in RAW264.7 macrophages

Phthalate exposure has been reported to induce oxidative stress and inflammatory responses. Here, treatment with 100 and 300  $\mu$ M of DEHP, DBP, and DEP resulted in considerably increased *IL-1β*, *COX-2*, and *TNF-α* mRNA expression compared with that in the control group. *IL-*6 mRNA expression was significantly upregulated upon treatment with 300  $\mu$ M of DEHP, DBP, and DEP but not upon treatment with 100  $\mu$ M DEHP, DBP, and DEP (Fig. 1A).

# DEHP, DBP, and DEP exposure on COX-2 and iNOS levels in RAW264.7 macrophages

COX-2 and iNOS are related to inflammation and produce mediators such as prostaglandins and NO. Treatment with 100 or 300  $\mu$ M of DEHP, DBP, and DEP significantly increased COX-2 and iNOS protein levels in a dose-dependent manner compared with that in the control group. However, treatment with 100  $\mu$ M of DEHP did not significantly increase iNOS protein levels compared with that in the control group (Fig. 1B).

# NAC ameliorates DEP-induced inflammation in RAW264.7 macrophages

RAW264.7 macrophages were pretreated with CCXB, INDO, or NAC for 2 h, followed by DEHP, DBP, and DEP exposure. COX-2 levels were quantified using western blotting. As shown in Fig. 2A, NAC pretreatment significantly decreased inflammation induced by 300  $\mu$ M DEP, whereas pretreatment with CCXB and INDO pretreatment did not produce a similar effect. In addition, pretreatment with CCXB, INDO, and NAC did not attenuate DEHP- and DBP-induced inflammation (data not shown). As shown in Fig. 2B, CCXB, INDO, and NAC treatments did not significantly affect the viability of RAW264.7 macrophages.

# NAC reduces oxidative stress and inflammation in RAW264.7 macrophages exposed to DEP

Inflammatory mediators, such as NO and PGE2, play important roles in the progression of inflammation. To investigate the inhibitory effect of NAC on DEP-induced inflammation in RAW264.7 macrophages, we examined the production of inflammatory mediators. NO, ROS, PGE2, and IL-1 $\beta$  levels were significantly lower in the NAC/DEP group compared with those in the DEP-treated group (Fig. 3A–C, E). NAC supports GSH synthesis and is a free radical scavenger. As shown in Fig. 3D, the GSH/GSSG ratio increased upon NAC treatment, alleviating the DEP-induced decline in GSH levels. Additionally, qPCR was performed to examine the effect of NAC pretreatment on the mRNA expression of pro-inflammatory genes involved in DEP-induced inflammation. *IL-1* $\beta$ , *IL-6*, *COX-2*, and *iNOS* mRNA levels were significantly lower in the NAC/DEP group compared with those in the DEP-treated group (Fig. 3F). Overall, these results indicate that NAC ameliorates DEP-induced inflammation in RAW264.7 macrophages.

# NAC regulates DEP-induced inflammation via the STAT and MAPK signaling pathways

Next, we explored the molecular mechanisms underlying the NAC inhibition of DEP-induced inflammation in RAW264.7 macrophages using western blotting to analyze the expression of MAPK and STAT pathway-related proteins (p-ERK, p-JNK, p-p38, p-STAT1, and p-STAT3). The levels of p-ERK were significantly decreased in the NAC/DEP 100  $\mu$ M group compared with those in the DEP-treated group, and p-JNK protein levels were significantly decreased in the NAC/DEP 300  $\mu$ M group compared with those in the DEP-treated group (p < 0.05). However, the levels of p-p38 were decreased in the NAC/DEP group compared with those in the DEP treatment group, but the decrease was not statistically significant (Fig. 4).

As shown in Fig. 5, p-STAT1 and p-STAT3 protein levels were significantly decreased in the NAC/DEP (100 and 300  $\mu$ M) group compared with those in the DEP-treated group (p < 0.05).

Therefore, NAC suppressed inflammation by blocking the phosphorylation of MAPK/JNK and STAT1/3 pathway proteins in RAW264.7 macrophages.

# Discussion

In this study, we established an inflammation model using DEP-stimulated RAW264.7 macrophages and elucidated the anti-inflammatory effect and underlying molecular mechanism of NAC. NAC pretreatment decreased pro-inflammatory cytokines and inflammatory mediators, including NO and PGE2, accompanied by decreased ROS production, in RAW264.7 macrophages exposed to DEP. Additionally, our results show that NAC downregulates COX-2 via MAPK/JNK and STAT1/3 signaling in DEP-induced inflammation in RAW264.7 macrophages. Furthermore, we found that pretreatment with NAC considerably attenuated DEP-induced inflammation and oxidative stress in macrophages.

Phthalates are among the most common environmental organic pollutants, some of which are endocrine disruptors that bioaccumulate in the body or are rapidly metabolized and excreted in the urine [9, 22]. Phthalate-induced toxicity has been reported in human and animal studies, raising concerns about the risks of environmental exposure to phthalates [8]. Oxidative stress and inflammation are interrelated processes caused by a variety of factors [23]. Oxidative stress occurs owing to





**Fig. 1** Inflammatory gene expression in RAW264.7 macrophages exposed to DEHP, DBP, and DEP. (a) mRNA expression of *IL-1β*, *IL-6*, *TNF-a*, and *COX-2* in RAW264.7 macrophages exposed to 0, 100, or 300  $\mu$ M of phthalate for 24–48 h, using qRT–PCR. Data are presented as the mean ± standard deviation. \*p < 0.05 and \*\*p < 0.01 vs. vehicle control. Data were obtained from three independent experiments. (b) Protein levels of COX-2 and iNOS in RAW264.7 macrophages following treatment with 0, 100, or 300  $\mu$ M of phthalates for 24–48 h, using western blot analysis. The expression levels of the proteins were quantified using ImageJ.  $\beta$ -actin was used as the internal control. Data are presented as the mean ± standard deviation. \*p < 0.05 and \*\*p < 0.01 vs. vehicle control. Data were obtained from three independent experiments as the mean ± standard deviation. \*p < 0.05 and \*\*p < 0.01 vs. vehicle control. Data were obtained from three independent experiments as the mean ± standard deviation.



**Fig. 2** NAC ameliorates DEP-induced inflammation in RAW264.7 macrophages. (a) RAW264.7 macrophages were pretreated with CCXB (COX-2 inhibitor), INDO (COX inhibitor), or NAC (antioxidant) for 2 h, followed by DEP exposure. COX-2 protein levels were determined using western blot. The expression levels of the proteins were quantified using ImageJ.  $\beta$ -actin was used as the internal control. Data are presented as the mean ± standard deviation. \*p < 0.05 and \*\*p < 0.01 vs. vehicle control. Data were obtained from three independent experiments. (b) Viability of RAW264.7 macrophages exposed to CCXB, INDO, and NAC treatment. RAW264.7 macrophages were treated with 10  $\mu$ M CCXB, 10  $\mu$ M INDO, and 10 mM NAC for 48 h. NS, no significance

an imbalance in ROS production and results in several pathological conditions, including inflammation [24]. Several studies have reported that phthalate metabolites can influence ROS production and oxidative stress and promote the production of inflammatory cytokines [25]. Moreover, previous research on phthalates has shown that MEHP exacerbates the inflammatory response and that DIBP causes cell death in macrophages [26].

We evaluated the inflammatory effects of three commonly used phthalates in RAW264.7 macrophages. Our results show that treatment with 100 and 300  $\mu$ M of DEHP, DBP, or DEP significantly increased COX-2 and iNOS protein levels and upregulated the mRNA expression of the inflammatory factors *IL-1β*, *IL-6*, *COX-2*, and *TNF-α* in RAW264.7 macrophages. Furthermore, the NAC and COX inhibitors CCXB and INDO were investigated in DBP-, DEP-, and DEHP-stimulated RAW264.7 macrophages to investigate the anti-inflammatory effects. NAC decreased COX-2 protein levels in 300  $\mu$ M DEPtreated macrophages, confirming its anti-inflammatory effects.

NAC is a known anti-inflammatory and antioxidant agent inhibiting NO production in various cells [27]. NAC acts as a free radical scavenger and glutathione precursor, protecting tissues against oxidative stress-induced cell death [28]. Additionally, NAC has beneficial clinical implications for heart, kidney, and liver diseases [29]. For instance, a previous study reported that NAC inhibited DEHP-induced increase in ROS production in ovarian antral follicles and improved testicular antioxidant status in rats [30].

However, the inhibitory effects of NAC on DEPinduced damage in macrophages remain unknown. In this study, NAC pretreatment significantly suppressed the increase in NO and ROS production and upregulated the decrease in GSH levels in DEP-induced RAW264.7 macrophages. NO production increases oxidative stress, which is associated with decreased total GSH levels [31]. In this study, DEP-induced inflammation appears to be caused by increased oxidative stress due to diminished GSH levels, and NAC suppressed this effect. Therefore, these results suggest that NAC regulates increased GSH levels and inhibits NO production in DEP-induced RAW264.7 macrophages.

Furthermore, NAC pretreatment downregulated the mRNA expression of the inflammatory genes *IL-1β*, *IL-6*, *COX-2*, and *iNOS* in DEP-induced RAW264.7 macrophages. *IL-1β*, *IL-6*, *COX-2*, and *iNOS* were over-expressed following DEP administration, resulting in an inflammatory response. Pretreatment with NAC reduced



**Fig. 3** NAC reduces oxidative stress and inflammation in RAW264.7 macrophages exposed to DEP. NAC pre-treatment alleviated (**a**) NO, (**b**) ROS, (**c**) PGE2 level, (**d**) GSH/SSSG ratio, (**e**) IL-1 $\beta$  level, and (**f**) inflammatory-related gene expression, including *IL-1\beta*, *IL-6*, *TNF-a*, and *COX-2*, compared with those of DEP-induced RAW264.7 macrophages. Data are presented as the mean ± standard deviation. \*p < 0.05 and \*\*p < 0.01 vs. vehicle control. Data were obtained from three independent experiments

the inflammatory genes and suppressed the inflammatory response. These results show that NAC can be used to regulate DEP-induced inflammatory responses. In addition, since COX-2 and iNOS can produce PGE2 and NO, respectively, our results confirm the inhibitory effect of NAC on the upregulation of COX-2 and iNOS expression induced by DEP. Overall, our results indicate that NAC can inhibit DEP-induced damage, primarily through pathways related to oxidative stress and COX/ PGE2. Mechanistically, we speculate that NAC alleviates DEP-induced damage by downregulating the levels of inflammatory mediators, including PGE2, and suppressing inflammation through COX-2 downregulation. MAPK (including ERK1/2, JNK, and p38) signaling pathways play an important role as regulators of inflammation and mediators of inflammatory cytokine production in various diseases [32, 33]. The STAT family proteins are among the earliest proteins associated with inflammation [17], and activated STATs translocate to the nucleus and influence the transcription of genes such as COX-2 and iNOS [18]. ROS plays an important role in regulating the expression of inflammatory genes by modulating STAT phosphorylation via the MAPK pathway [18]. Previous studies have reported COX-2 as a molecular target of JNK, and JNK-induced COX-2 is involved in neurological dysfunction [34]. In mouse alveolar macrophages, ERK was activated in response



Fig. 4 Effect of NAC on MAPK pathway proteins in DEP-induced RAW264.7 macrophages. Western blotting analysis was performed to determine the expression of phosphorylated ERK, JNK, and pp38 protein levels in RAW264.7 macrophages treated with NAC pretreatment following DEP-induced inflammation. The expression levels of the proteins were quantified using ImageJ.  $\beta$ -actin served as the loading control. Data are presented as the mean ± standard deviation. \*p < 0.05 and \*\*p < 0.01 vs. vehicle control. Data were obtained from three independent experiments

to LPS-stimulated inflammation, with kinetics similar to those of p38 activation [35]. Moreover, STAT1 and STAT3 are activated upon the release of IL-6 from stimulated cells [36]. Based on these data, we investigated whether NAC ameliorates DEP-induced inflammation through the MAPK and STAT pathways. We observed that NAC could effectively inhibit the phosphorylation of JNK and STAT 1/3 in 300 µM DEP-induced RAW264.7 macrophages. NAC also downregulated the transcription of IL-1β, IL-6, COX-2, and iNOS, as well as the corresponding DEP-induced expression. These results suggest that NAC inhibits transcription and translation of relevant inflammatory genes. Furthermore, NAC may exert its anti-inflammatory effects by interacting with oxidative stress and the MAPK/JNK and STAT1/3 signaling pathways to modulate inflammatory factors and mediators. These results were based on in vitro models, which

limit their application in animals and humans. Therefore, animal and human studies are necessary to confirm the anti-inflammatory effects of NAC following exposure to phthalates.

# Conclusions

Our findings expand our understanding of the effects of NAC in RAW264.7 macrophages, revealing its potential use for preventing DEP-induced inflammation. Our results demonstrate that NAC inhibits inflammationrelated genes and oxidative stress through activation of the MAPK/ JNK and STAT1/3 signaling pathways in RAW264.7 macrophages. To the best of our knowledge, this is the first study to report that NAC protects against the effects of DEP in macrophages. Although our observations require in vivo studies, NAC may be a promising candidate for preventing the side effects of DEP exposure.



Fig. 5 Effect of NAC on expression of the STAT1/3 pathway in DEP-induced RAW264.7 macrophages. Western blotting analysis was performed to determine the expression of phosphorylated STAT1 and STAT3 protein levels in RAW264.7 macrophages treated with NAC following DEP-induced inflammation. The expression levels of the proteins were quantified using ImageJ.  $\beta$ -actin served as the loading control. Data are presented as the mean ± standard deviation. \*p < 0.05 and \*\*p < 0.01 vs. vehicle control. Data were obtained from three independent experiments

#### Abbreviations

- ATCC American Type Culture Collection CCXB Celecoxib COX-2 Cyclooxygenase-2 DBP Di-n-butyl phthalate DCFDA 2',7'-dichlorofluorescin diacetate DEHP Di(2-ethylhexyl) phthalate Diethyl phthalate DFP DMEM Dulbecco's Modified Eagle's Medium DMSO Dimethyl sulfoxide ELISA Enzyme-linked immunosorbent assay FRK Extracellular signal-regulated kinase FBS Fetal bovine serum GAPDHGlyceraldehyde 3-phosphate dehydrogenase GSH Glutathione GSSG Oxidized glutathione IL-1β Interleukin-1 beta Interleukin-6 11-6 INDO Indomethacin iNOS Inducible nitric oxide synthase JNK c-Jun N-terminal kinase MAPK Mitogen-activated protein kinase NAC N-acetylcysteine NED Naphthalene ethylenediamine
- NF-ĸB Nuclear factor kappa B

- NO Nitric oxide
- PCR Polymerase chain reaction
- PGE2 Prostaglandin E2
- PVC Polyvinyl chloride
- qRT-PCR Quantitative reverse transcription polymerase chain reaction
- RIPA Radioimmunoprecipitation assay
- ROS Reactive oxygen species
- SDS-PAGE Sodium dodecyl sulfate-polyacrylamide gel electrophoresis
- STAT Signal transducer and activator of transcription
- TNF-α Tumor necrosis factor alpha

### Supplementary Information

The online version contains supplementary material available at https://doi.or g/10.1186/s12860-025-00537-9.

Supplementary Material 1

- Supplementary Material 2
- Supplementary Material 3
- Supplementary Material 4

### Acknowledgements

Not applicable.

#### Author contributions

Experimental design, J.H.K., J.Y.K. and J.W.S.; project administration and manuscript preparation, J.H.K., J.H.L. and J.W.S. JHK and JWS approved the final version to be published.

#### Funding

This research was supported by National Research Foundation of Korea (NRF) grants funded by the Korean government (MSIT) [grant numbers 2022R1F1A1075191, 2022R1A2C1011500, and 2022R111A1A01068466].

### Data availability

The dataset supporting the conclusions of this article is included within the article and its additional files.

# Declarations

Ethics approval and consent to participate Not applicable.

### **Consent for publication**

Not applicable.

# Competing interests

The authors declare no competing interests.

Received: 21 November 2024 / Accepted: 4 April 2025 Published online: 16 April 2025

#### References

- Ha M, Guan X, Wei L, Li P, Yang M, Liu C. Di-(2-ethylhexyl) phthalate inhibits testosterone level through disturbed hypothalamic–pituitary–testis axis and ERK-mediated 5α-reductase 2. Sci Total Environ. 2016;563–4:566–75. https://d oi.org/10.1016/j.scitotenv.2016.04.145.
- Tseng IL, Yang YF, Yu CW, Li WH, Liao VHC. Phthalates induce neurotoxicity affecting locomotor and Thermotactic behaviors and AFD neurons through oxidative stress in caenorhabditis elegans. PLoS ONE. 2013;8:e82657. https:// doi.org/10.1371/journal.pone.0082657.
- Caldwell JC. Genotoxicity and potential carcinogenic mechanisms—A review. Mutat Res. 2012;751:82–157. https://doi.org/10.1016/j.mrrev.2012.03.0 01.
- Hlisníková H, Petrovičová I, Kolena B, Šidlovská M, Sirotkin A. Effects and mechanisms of phthalates' action on reproductive processes and reproductive health: A literature review. Int J Environ Res Public Health. 2020;17:6811. h ttps://doi.org/10.3390/ijerph17186811.
- 5. Huang L, Zhu X, Zhou S, Cheng Z, Shi K, Zhang C, et al. Phthalic acid esters: natural sources and biological activities. Toxins. 2021;13:495.
- Johns LE, Cooper GS, Galizia A, Meeker JD. Exposure assessment issues in epidemiology studies of phthalates. Environ Int. 2015;85:27–39. https://doi.or g/10.1016/j.envint.2015.08.005.
- Zhao Y, Sun Y, Zhu C, Zhang Y, Hou J, Zhang Q, et al. Phthalate metabolites in urine of Chinese children and their association with asthma and allergic symptoms. Int J Environ Res Public Health. 2022;19:14083.
- Saab Y, Oueis E, Mehanna S, Nakad Z, Stephan R, Khnayzer RS. Risk assessment of phthalates and their metabolites in hospitalized patients: A focus on di-and mono-(2-ethylhexyl) phthalates exposure from intravenous plastic bags. Toxics. 2022;10:357. https://doi.org/10.3390/toxics10070357.
- Wittassek M, Angerer J, Phthalates. Metabolism and exposure. Int J Androl. 2008;31:131–8. https://doi.org/10.1111/j.1365-2605.2007.00837.x.
- Beckingham BA, Wischusen K, Walker JP. Phthalate exposure among U.S. college-aged women: Biomonitoring in an undergraduate student cohort (2016–2017) and trends from the National Health and Examination Survey (NHANES, 2005–2016). PLoS One. 2022;17:e0263578.
- Heudorf U, Mersch-Sundermann V, Angerer J, Phthalates. Toxicology and exposure. Int J Hyg Environ Health. 2007;210:623–34. https://doi.org/10.1016/ j.ijheh.2007.07.011.

- Adam N, Brusamonti L, Mhaouty-Kodja S. Exposure of adult female mice to low doses of di(2-ethylhexyl) phthalate alone or in an environmental phthalate mixture: evaluation of reproductive behavior and underlying neural mechanisms. Environ Health Perspect. 2021;129:17008.
- Brassea-Pérez E, Hernández-Camacho CJ, Labrada-Martagón V, Vázquez-Medina JP, Gaxiola-Robles R, Zenteno-Savín T. Oxidative stress induced by phthalates in mammals: state of the Art and potential biomarkers. Environ Res. 2022;206:112636. https://doi.org/10.1016/j.envres.2021.112636.
- Böhm EW, Buonfiglio F, Voigt AM, Bachmann P, Safi T, Pfeiffer N, et al. Oxidative stress in the eye and its role in the pathophysiology of ocular diseases. Redox Biol. 2023;68:102967.
- Chawla A, Nguyen KD, Goh YP. Macrophage-mediated inflammation in metabolic disease. Nat Rev Immunol. 2011;11:738–49. https://doi.org/10.1038/nri3 071.
- Giuliani A, Zuccarini M, Cichelli A, Khan H, Reale M. Critical review on the presence of phthalates in food and evidence of their biological impact. Int J Environ Res Public Health. 2020;17:5655.
- Hshimoto R, Kakigic R, Miyamotod Y, Nakamurab K, Itohd S, Daidad H, et al. JAK-STAT-dependent regulation of scavenger receptors in LPS-activated murine macrophages. Eur J Pharmacol. 2020;871:172940.
- Ganster RT, Taylor BS, Shao L, Geller DA. Complex regulation of human inducible nitric oxide synthase gene transcription by stat 1 and NF-kB. Proc Natl Acad Sci U S A. 2001;98:8638–43.
- Zhou C, Flaws JA. Effects of an environmentally relevant phthalate mixture on cultured mouse antral follicles. Toxicol Sci. 2017;156:217–29. https://doi.org/1 0.1093/toxsci/kfw245.
- Meling DD, Warner GR, Szumski JR, Gao L, Gonsioroski AV, Rattan S, et al. The effects of a phthalate metabolite mixture on antral follicle growth and sex steroid synthesis in mice. Toxicol Appl Pharmacol. 2020;388:114875. https://d oi.org/10.1016/j.taap.2019.114875.
- Craig ZR, Hannon PR, Wang W, Ziv-Gal A, Flaws JA. Di-n-butyl phthalate disrupts the expression of genes involved in cell cycle and apoptotic pathways in mouse ovarian antral follicles. Biol Reprod. 2013;88:23. https://doi.org/10.1 095/biolreprod.112.105122.
- Rodriguez Martin L, Gilles L, Helte E, Åkesson A, Tägt J, Covaci A, et al. Time patterns in internal human exposure data to bisphenols, phthalates, DINCH, organophosphate flame retardants, cadmium and polyaromatic hydrocarbons in Europe. Toxics. 2023;11:819. https://doi.org/10.3390/toxics11100819.
- Hussain T, Tan B, Yin Y, Blachier F, Tossou MCB, Rahu N. Oxidative stress and inflammation: what polyphenols can do for Us?? Oxid Med Cell Longev. 2016;2016:1–9. https://doi.org/10.1155/2016/7432797.
- Chiarello DI, Abad C, Rojas D, Toledo F, Vázquez CM, Mate A, et al. Oxidative stress: normal pregnancy versus preeclampsia. Biochim Biophys Acta Mol Basis Dis. 2020;1866:165354. https://doi.org/10.1016/j.bbadis.2018.12.005.
- Nishioka J, Iwahara C, Kawasaki M, Yoshizaki F, Nakayama H, Takamori K, et al. Di-(2-ethylhexyl) phthalate induces production of inflammatory molecules in human macrophages. Inflamm Res. 2012;61:69–78. https://doi.org/10.1007/s 00011-011-0390-x.
- Park MH, Gutiérrez-García AK, Choudhury M. Mono-(2-ethylhexyl) phthalate aggravates inflammatory response via Sirtuin regulation and inflammasome activation in RAW264.7 cells. Chem Res Toxicol. 2019;32:935–42. https://doi.or g/10.1021/acs.chemrestox.9b00101.
- Li YL, Wang G, Wang BW, Li YH, Ma YX, Huang Y, et al. The potential treatment of N-acetylcysteine as an antioxidant in the radiation-induced heart disease. Cardiovasc Diagn Ther. 2024;14:509–24. https://doi.org/10.21037/cdt-24-19.
- Priya S, Vijayalakshmi P, Vivekanandan P, Karthikeyan S. Influence of N-acetylcysteine against Dimethylnitrosamine induced hepatotoxicity in rats. Toxicol Ind Health. 2011;27:914–22. https://doi.org/10.1177/0748233711399323.
- Tena N, Asuero AG. Up-to-date analysis of the extraction methods for anthocyanins: principles of the techniques, optimization, technical progress, and industrial application. Antioxidants. 2022;11:286. https://doi.org/10.3390/anti ox11020286.
- Emojevwe V, Nwangwa EK, Naiho AO, Oyovwi MO, Igiehon O, Ogunwole E, et al. Therapeutic efficacy of N-acetylcysteine and zinc sulphate against di-(2ethylhexyl) phthalate-induced testicular oxido-nitrergic stress in male Wistar rat. Andrologia. 2022;54:e14508. https://doi.org/10.1111/and.14508.
- 31. Bolaños JP, Heales SJR, Peuchen S, Barker JE, Land JM, Clark JB. Free Radic Biol Med. 1996;21:995–1001.
- Osaki LH, Gama P. MAPKs and signal transduction in the control of Gastrointestinal epithelial cell proliferation and differentiation. Int J Mol Sci. 2013;14:10143–61. https://doi.org/10.3390/ijms140510143.

- Pua LJW, Mai CW, Chung FFL, Khoo ASB, Leong CO, Lim WM, et al. Functional roles of JNK and p38 MAPK signaling in nasopharyngeal carcinoma. Int J Mol Sci. 2022;23:1108. https://doi.org/10.3390/ijms23031108.
- Hunot S, Vila M, Teismann P, Davis RJ, Hirsch EC, Przedborski S, et al. JNKmediated induction of cyclooxygenase 2 is required for neurodegeneration in a mouse model of Parkinson's disease. Proc Natl Acad Sci U S A. 2004;101:665–70. https://doi.org/10.1073/pnas.0307453101.
- 35. Zhao Q, Shepherd EG, Manson ME, Nelin LD, Sorokin A, Liu Y. The role of mitogenactivated protein kinase phosphatase-1 in the response of alveolar macrophages to lipopolysaccharide: Attenuation of Proinflammatory cytokine biosynthesis via feedback control of p38. J Biol Chem. 2005;280:8101–8.
- Shin JS, Kang SY, Lee HH, Kim SY, Lee DH, Jang DS, et al. Patriscabrin F from the roots of patrinia scabra attenuates LPS-induced inflammation by downregulating NF-kB, AP-1, IRF3, and STAT1/3 activation in RAW264.7 macrophages. Phytomedicine. 2020;68:15316.

# **Publisher's note**

Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.